

LipidMax Trial.

Lipid Max Raw Data						
Participant A	Date Of Test	SC	HDL	LDL	TRI	SC:HDL
	20/11/2021	3.75	0.58	1.62	3.42	6.47
	22/01/2022	4.25	0.81	2.8	1.4	5.25
Change		Increase by 0.5	Increase by 0.23	Increase by 1.18	Decrease by 1.98	Decrease 1.22
Participant B	Date Of Test	SC	HDL	LDL	TRI	SC:HDL
	22/10/2021	4.36	0.86	2.96	1.18	5.07
	11/12/2021	4.04	0.99	2.12	2.04	4.55
Change		Decrease by 0.32	Increase by 0.13	Decrease by 0.84	Increase by 0.86	Decrease by 0.52
Participant C	Date Of Test	SC	HDL	LDL	TRI	SC:HDL
	20/11/2021	5.94	0.98	4.29	1.47	6.06
	16/01/2021	5.29	1.07	3.79	0.95	4.94
Change		Decrease by 0.65	Increase by 0.09	Decrease by 0.5	Decrease by 0.52	Decrease by 1.12
Participant D	Date Of Test	SC	HDL	LDL	TRI	SC:HDL
	06/12/2021	6.12	0.67	3.83	3.56	9.13
	18/01/2022	4.53	1.07	3.03	1	4.21
Change		Decrease by 1.53	Increase by 0.4	Decrease by 0.8	Decrease by 2.56	Decrease by 4.92
Participant E (CB & KO)	Date Of Test	SC	HDL	LDL	TRI	
	06/12/2021	5	1	3.7	0.75	
	22/01/2022	4.72	0.97	3.46	0.71	
Change		Decrease by 0.28	Decrease by 0.03	Decrease by 0.24	Decrease by 0.04	
Lipid Max	SC (Decrease)	HDL(Increase)	LDL (Decrease)	TRI (Decrease)	SC:HDL (Decrease)	
Average change	0.66	0.21	0.24	1.05	1.94	
			0.71(-anom)			

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Background –Participants A-D undertook a 4 weekly trial of Stroms LipidMax at one serving per day.

Criteria for the selection of participant was >2 out of range biomarkers when routine Lipid Function test was carried out.

As a baseline , Participant E, was tested using the same selection criteria. Participant E was instructed to take 1000mg Krill Oil and 1.5g Citrus Bergamot.

On average Participants using LipidMax had the following results.

- An decrease in Serum Cholesterol of 0.66mmol/L
- An increase in HDL cholesterol by 0.21mmol/L
- A decrease in LDL cholesterol by 0.24mmol/L (0.71mmol/L when anomalous result is omitted)
- A decrease in Triglycerides of 1.05mmol/L
- A reduction in SC:HDL of 1.94

In comparison

Participant E had the following results;

- A decrease in Serum Cholesterol of 0.28mmol/L
- An increase in HDL cholesterol by 0.03 mmol/L
- A decrease in LDL cholesterol by 0.24mmol/L
- A decrease in Triglycerides of 0.04mmol/L

In context, Lipid Max out performed the opposed supplement protocol by the following;

- A further 0.38mmol/L decrease in serum cholesterol
- A further 0.18mmol/L increase in HDL cholesterol
- When result anomaly was omitted, A further 0.47mmol/L decrease was recorded.
- A further 1.01mmol/L decrease in triglycerides.